

SAWAL AAPKA JAWAB HAMARA

सवाल आपका, जवाब हमारा



Pahlajani's

BY

DR NEERAJ PAHLAJANI

FIND ANSWERS FOR ALL YOUR COMMONLY ASKED QUERIES

AN

IVF QUESTIONNAIRE
आईवीएफ प्रश्नावली
(IN ENGLISH)



01.



So,
What is IVF?

IVF or In Vitro Fertilization is an assisted reproductive technique (ART) wherein egg and sperm are fertilized outside a woman's body. 'In vitro' means outside the body.

During IVF, an egg is removed from the woman's ovaries and fertilised with sperm in a laboratory. The fertilised egg, called an embryo, is then returned to the woman's womb to grow and develop.



02.

Is IVF painful?

Not really, but some people might experience mild discomfort during injections & procedures. Injections of hormones like FSH and LH can cause bloating, discomfort, and breast tenderness. Egg retrieval & Embryo transfer procedure could cause some cramps.

Doctors ensure you're comfortable throughout.



How many IVF cycles are required and what are the chances of success?

This varies from person to person. Some people conceive in the first cycle, while others may need multiple attempts.

IVF success rates depend on age, egg quality, and many other factors like endometriosis, fibroids, history of TB etc. On average, it ranges from 30–50% per cycle.

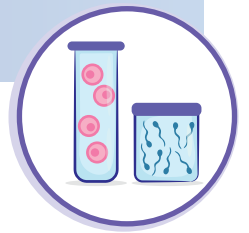
03.

04.



What to ask during my IVF consultation?

Ask your doctor about causes of the infertility state, recommended tests, all treatment options, and the success rates

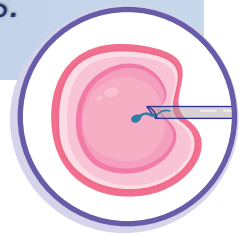


05.



How long should we try naturally before opting for IVF?

If you're under 35, try for a year. Over 35? Consult a doctor after 6 months.



06.



How do I choose the right IVF clinic?

Look for experienced and qualified IVF specialists, their infrastructure, number of cases handled, success rates, patient reviews etc.



What is genetic testing? Should I consider it during IVF?

Genetic testing screens the embryos for chromosomal abnormalities before implantation during the process of egg transfer. It increases the chances of a successful pregnancy and reduces the risk of inheriting genetic disorders and other abnormalities.

07.



08.

Does IVF fail? Why?

IVF can fail for many reasons:

- 1) Poor Embryo Quality*
- 2) Implantation issues*
- 3) Chromosomal Abnormalities*
- 4) Fibroids, Cysts etc*

Optimizing your health, reducing stress, and undergoing genetic testing can improve your chances.

09.

How much does IVF cost in India?

The average IVF cost ranges from Rs 1,00,000 to Rs 1,75,000. It can vary based on factors such as doctors's and hospital's reputation, quality and expertise, and the severity of infertility.



What should I expect after an IVF embryo transfer?

You may experience bloating and mild cramping. It is essential to rest, avoid heavy lifting, and follow your doctor's instructions. A pregnancy test is done 10-14 days later to confirm success.

10.

What are the chances of multiple pregnancies in IVF?

11.

The chance of a multiple pregnancy with in IVF is about 20–30%. This is much higher than the chance of having twins conceived naturally, which is about 6%.

Some factors affecting the outcome are:

- *Multiple embryo transfer*
- *Donor eggs (because egg donors are often younger than the patient)*
- *History of Twin births*
- *Women over 30 are more likely to release more than one egg during ovulation*



12.

Are IVF babies healthy?

Yes, IVF babies are just as healthy as the babies born naturally. Studies have shown that IVF babies have similar growth, development, and cognitive function.





13.

Is there an age limit for IVF treatment?

In some countries IVF is mandated by law and in others, individual clinics set their own age limit.

In India, ART Act 2021 sets the age limit: 21–50 yrs for women, 26–55 yrs for men. Success rates decrease with age as the risk of pregnancy complications rises.

14.

What is recommended, Single embryo transfer or multiple embryos?

In the past, doctors relied on multiple transfers to increase success rates.

Today, using technology, pre implantation genetic testing etc, Single Embryo Transfer is most highly recommended to reduce the risks of twins, high-risk pregnancy, miscarriages.



15.

What is the difference between IVF and IUI?

Intrauterine insemination (IUI) is a simpler process where washed sperm is directly inserted into the uterus during ovulation.

IVF, on the other hand, involves retrieving eggs and fertilizing them in a lab before transferring the embryo into the uterus. IVF is more advanced and has higher success rates, especially for complex infertility issues.



**GOT MORE QUESTIONS?
BOOK YOUR
APPOINTMENT TODAY!**



**9171234901
9171234902**



OUR BRANCHES



Pahlajanis'

Women's Hospital

RAIPUR

A-1, Anupam Nagar
Besides TV Tower
Raipur 492001 (CG)



Pahlajanis'

IVF

BHILAI

Bajrang Para,
Junwani Road, Kohka,
Bhilai 490023 (CG)



Pahlajanis'

IVF

BILASPUR

Vyapar Vihar Rd, Besides
Maharana Pratap Chowk,
Bilaspur 495001 (CG)

**A UNIT OF
MATA LAXMI NURSING HOME
AND INVESTIGATION CENTER PVT LTD.**